

* Principles of Application-

General UVB application by using Theraklin lamp.

Preparation of Patient - A suitable dose has been found, the nature & effects of treatment are explained to patient.

Preparation of Apparatus - Suitable plinth is usually kept in position so that Theraklin tunnel can be placed at standard position with its tube about 50 cm.

Setting up - The patient undresses completely, puts on protective goggles and lie down on the plinth with arms & legs straight and little abducted. The position of the patient ^{wrt tunnel} must be repeatable from one treatment to next. Treatment should also be given in prone position.

Warning - The patient is warned to keep still and not to touch tunnel or lamp.

Application -

The lamp is switched on for the appropriate time for required dose & the treatment is given in both prone & supine position.

Progression - At each treatment the dose is increased by increasing the time.

of treatment. Doses are progressively increased by $12\frac{1}{2}\%$ from one treatment to the next or often just by 1 min / session

* Principles of application of air cooled lamp, PUVA, focal treatment.