

# **SEDDS & SMEDDS**



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# Introduction

Challenge in development of optimum oral solid dosage form in terms of formulation design and bioavailability of new pharmaceutical products as

- ▶ 40% of new drug candidates exhibit **low solubility in water**
- ▶ oral delivery of 50% of the drug compounds is hampered because of the **high lipophilicity** of the drug itself

# Introduction

- ▶ lipid solutions, emulsions and emulsion pre-concentrates, which can be prepared as physically stable formulations suitable for encapsulation of such poorly soluble drugs.
- ▶ use of surfactants, cyclodextrins, micronization, liquisolid techniques, salt formation, pH change, nano size delivery, solid dispersions and permeation enhancers
- ▶ Emulsion systems are associated with their own set of complexities, including **stability** and **manufacturing problems** associated with their commercial production.

## DEFINITION:

- SEDDS or self-emulsifying oil formulations (SEOP) are defined as isotropic mixtures of natural or synthetic oils, solid or liquid surfactants and co-solvents/surfactants.
- SEDDSs emulsify spontaneously to produce fine oil in- water emulsions when introduced into an aqueous phase under gentle agitation and spread readily in the gastro intestinal tract.
- SEDDSs typically produce emulsions with a droplet size between 100–300 nm while self-micro-emulsifying drug delivery systems (SMEDDSs) form transparent micro-emulsions with a droplet size of less than 50 nm.



# Self-emulsifying drug delivery systems (SEDDS)

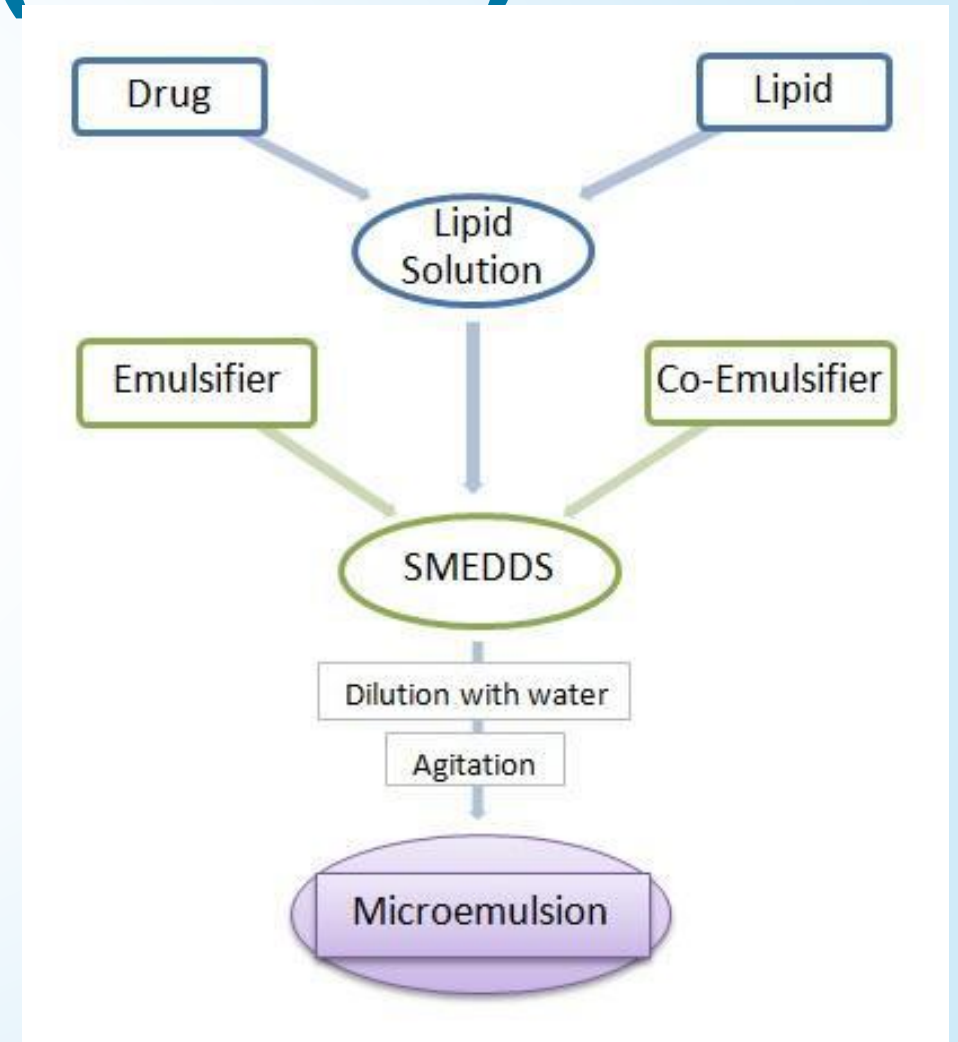
- improve the bioavailability of poorly water-soluble compounds.
- SEDDS are isotropic mixtures of **drug, lipids and surfactants**, usually with one or more hydrophilic co.
- Upon mild agitation followed by dilution with aqueous media, these systems can form fine (oil in water) emulsion instantaneously.
- The size of the droplet formed is between **100 and 300 nm**

# Self-emulsification

- is a term used to describe emulsification which occurs with little or no input of energy .
- The process may be **spontaneous** or may require low levels of shear
- but will contrast with Conventional Emulsification which requires high shear.
- SMDDS & SMEDDS form fine oil-in-water (o/w) emulsions or micro emulsions (SMEDDS) upon mild agitation followed by dilution in aqueous media, such as gastrointestinal (GI) fluids.
- The drug, therefore, remains in solution in the gut, avoiding the dissolution step that frequently limits the absorption rate of hydrophobic drugs from the crystalline state.

# Self-micro Emulsifying Drug Delivery Systems (SMEDDS)

- ▶ these are physically stable,
- ▶ easy to manufacture,
- ▶ can be filled in soft gelatin capsules and
- ▶ then will generate a drug containing micro-emulsion with a large surface area upon dispersion in the gastrointestinal tract.
- ▶ droplet size of less than 50 nm



# INTRODUCTION

## Emulsion: White- semi white look

- Oil
- Surfactant
- Water

## Microemulsion: Uni phasic System: Transparency

- Oil
- Surfactant
- Co-surfactant
- Water

## Self emulsifying drug delivery system (SEDDS)

- Oil
- Surfactant
- Co-surfactant

## Self micro emulsifying drug delivery system (SMEDDS)

- Oil
- Surfactant
- Co-surfactant



# SEDDS Vs SMEDDS

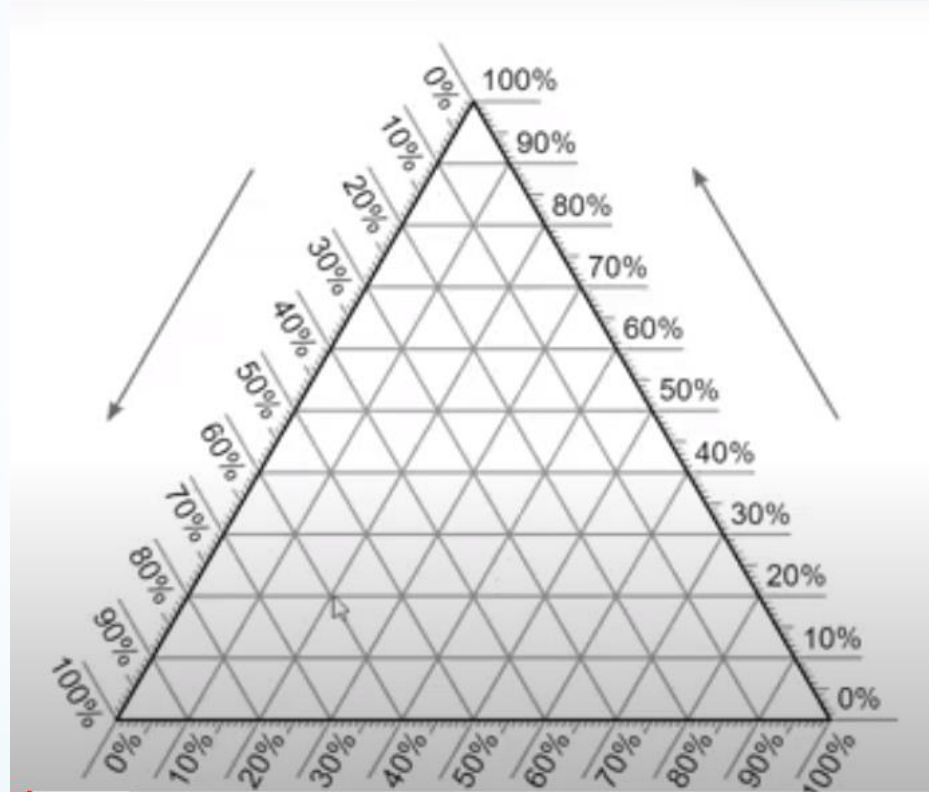
## SEDDS

- ▶ produce opaque emulsions
- ▶ with a droplet size 100 and 300 nm
- ▶ concentration of oil 40-80%

## SMEDDS

- ▶ form transparent micro emulsions
- ▶ with a droplet size of less than 50 nm
- ▶ concentration of oil is less than 20 %

# Development of Ternary and Pseudo Ternary Phase Diagram



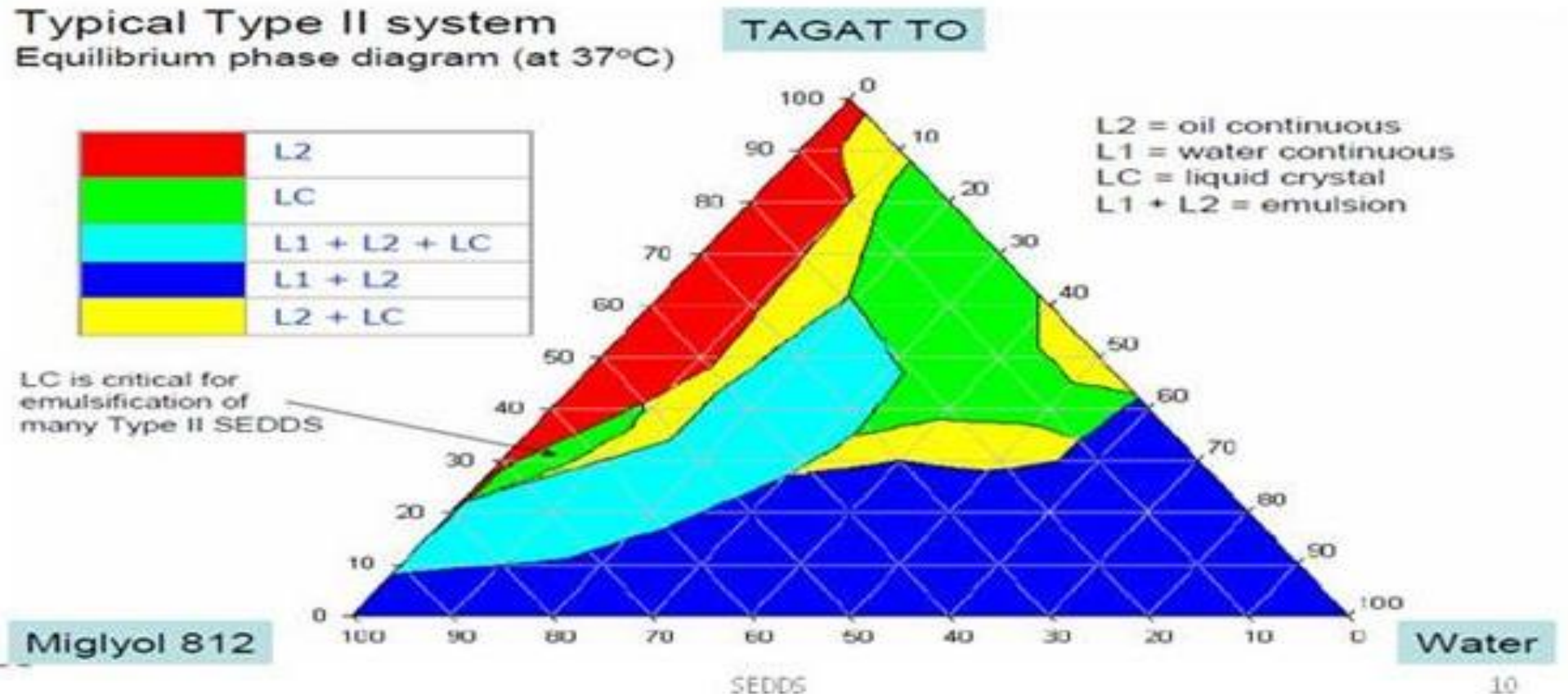
# Ternary and Pseudo Ternary Phase Diagram

- ▶ is used to map the **optimal composition range** for three key excipients according to the resulting droplet size following self emulsification, stability upon dilution and viscosity.
- ▶ **Titration method** is employed to construct phase diagram.
- ▶ Mixture of oil with surfactant is prepared at different ratios (e.g. 10:0, 9:1, 8:2, 7:3, 6:4, 5:5, 4:6, 3:7, 2:8, 1:9, 0:10) into different vials.
- ▶ A small amount of water in 5 % (w /w) increments is added into the vials. Following each water addition the mixture in vials is centrifuged for 2 to 3 minute and is incubated at 25 ° C or 48 hrs with gentle shaking.

# Construction of phase diagram

- The resulting mixture is evaluated by visual and microscopy observation. For phase diagram the **micro emulsion** is the region of clear and isotropic solution.
- **Coarse emulsion** is the region of cloudy dispersion.

Typical Type II system  
Equilibrium phase diagram (at 37°C)



# OILS

- Oils can solubilize the **lipophilic drug** in a specific amount. It is the most important excipient because it can facilitate self-emulsification and increase the fraction of lipophilic drug transported via the **intestinal lymphatic system**, thereby increasing absorption from the GI tract.
- **Long-chain triglyceride and medium-chain triglyceride** oils with different degrees of saturation have been used in the design of SEDDSs.
- EG. mono-di-tri-glycerides DL-alpha-Tocopherol,
- Fractionated triglyceride of coconut oil (medium-chain triglyceride)
- Corn oil, Olive oil, Oleic acid, Sesame oil, Hydrogenated soya bean oil, Hydrogenated vegetable oils, Soyabean oil, Peanut oil, Beeswax

# Surfactant

- **1: Anionic Surfactants**, where the hydrophilic group carries a negative charge such as carboxyl ( $\text{RCOO}^-$ ), sulphonate ( $\text{RSO}_3^-$ ) or sulphate ( $\text{ROS}_3^-$ ).  
Examples: Potassium laurate, SLS
- **2: Cationic surfactants**, where the hydrophilic group carries a positive charge.  
Example: quaternary ammonium halide.
- **3: Ampholytic surfactants** (also called zwitterionic surfactants)  
Example: sulfobetaines.
- **4: Nonionic surfactants**, where the hydrophilic group carries no charge but derives its water solubility from highly polar groups such as hydroxyl or polyoxyethylene ( $\text{OCH}_2\text{CH}_2\text{O}$ ).  
Examples: Sorbitan esters (Spans), Polysorbate (Tween).
- Nonionic surfactants with high Hydrophilic Lipophilic Balance (HLB) values are used in formulation of SEDDS (e.g., Tween, Labrasol, Labrafac CM 10, Cremophore, etc.).
- **30–60% w/w** is used of the formulation in order to form a stable SEDDS. Surfactants have a high HLB(>12) and hydrophilicity, which assists the **immediate formation of o/w droplets and/or rapid spreading of the formulation in the aqueous media** SEDDS

# Cosolvents/Cosurfactant

- Organic solvents, suitable for oral administration (ethanol, propylene glycol (PG) polyethylene glycol (PEG), etc) may help to dissolve large amounts of either the **hydrophilic surfactant** or **the drug** in the lipid base and can act as **co-surfactant** in the self emulsifying drug delivery systems

## Other components

- These may be pH adjusters,
- flavors, and
- **Antioxidant agents.**
- Lipophilic antioxidants (E.g. alpha tocopherol, propyl gallate, ascorbyl palmitate ) may be required to stabilize the oily content of SMEDDS formulation.
- Consistency builder





# self-emulsifying formulation depends

- (1) physicochemical properties of the drug, such as pKa, polarity and solubility in various components
- (2) physicochemical nature of oily phase, surfactant and co-surfactant
- (3) the area of the self-emulsifying region as obtained in the phase diagram,
- (4) the ratio of the components, especially oil to surfactant ratio and
- (5) the droplet size distribution of the resultant emulsion following self-emulsification.

Table 2: The lipid formulation classification system<sup>5, 26</sup>

		Type I	Type II	Type III A	Type III B	Type IV
Composition	Oils	100 %	40–80%	40–80 %	<20%	0%
	Water-insoluble surfactants (HLB < 12)	0%	20-60%	0%	0%	0-20%
	Water-soluble surfactants (HLB > 12)	0%	0%	20–40%	20–50%	30–80%
	Hydrophilic co-solvents (e.g. PEG, propylene glycol, transcitol)	0%	0%	0–40%	20–50%	0–50%
Particle size		Coarse	100-250	100–250	50–100	<50
Characteristics		Non-dispersing	Emulsion (SEDDS)	SEDDS/ SMEDDS formed with water-soluble components	SEDDS/ SMEDDS formed with water-soluble components and low oil content	Disperses typically to form a micellar solution
Digestibility		Requires digestion	Will be digested	Digestion may not be necessary	Digestion may not be necessary	Limited digestion
Advantages		GRAS status; simple; excellent capsule compatibility	Unlikely to lose solvent capacity on dispersion	Clear or almost clear dispersion. Absorption without digestion	Clear dispersion. Absorption without digestion	Good solvent capacity for many drugs; disperse to micellar solution
Disadvantages		Poor solvent capacity (unless drug is highly lipophilic)	Turbid o/w dispersion	Possible loss of solvent capacity on dispersion. Less easily digested	Likely loss of solvent capacity on dispersion	Loss of solvent capacity on dispersion; may not be digestible