# Health Insurance Portability and Accountability Act (HIPAA)



- IIPPA is the Health Insurance Portability and Accountability Act of 1996.
- It is a Privacy rule provides Federal Privacy Protection for individually identifiable health information called Protected Health Information.

## **The Goal of HIPAA**

- The primary goal of HIPAA is :-
- i. to make law easier for people to keep health insurance
- ii. Protect the confidentiality and security of health care information.
- iii. Help healthcare industry to control Administrative cost,

# What Does HIPAA consist of ?

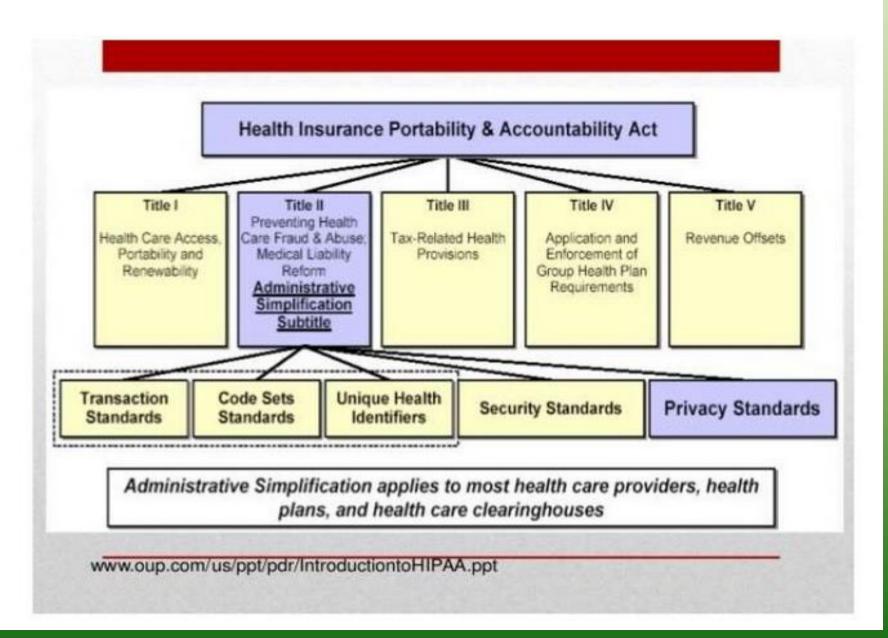
- Standardized Electronic Data Interchange transactions and codes for all covered entities.
- 2. Standards for security of data systems.
- 3. Privacy protections for individual health information.
- 4. Standard national identifiers for health care.

# Why HIPAA comes in picture ?

- In 2000, many patients that were newly diagnosed with depression received free samples of anti-depressant medications in their mail.
- This left patients wondering how the pharmaceutical companies were notified of their disease.
- After a long and thorough investigation, the Physician, the Pharmaceutical company and a well-known pharmacy chain were all indicated on breach of confidentiality charges.
- This is one of the many reasons the Federal Government needed to step in and create guidelines to protect patient privacy.

## CONTENTS OF HIPPA

- Title 1 Protects Health Insurance Coverage for workers and their families when they change or lose their job.
- Title 2- Prevents Health care Frauds and Abuse.
- Title 3- Guidelines for Pre-Tax medical spending.
- Title 4- Guidelines for Group Health Insurance Plans.
- Title 5 Governs company owned Life Insurance policies.



### **HIPAA** has two parts

## **Privacy Rule**

Apply to Protected Health Information in all forms oral, written, and electronic.

PHI Disclose standards

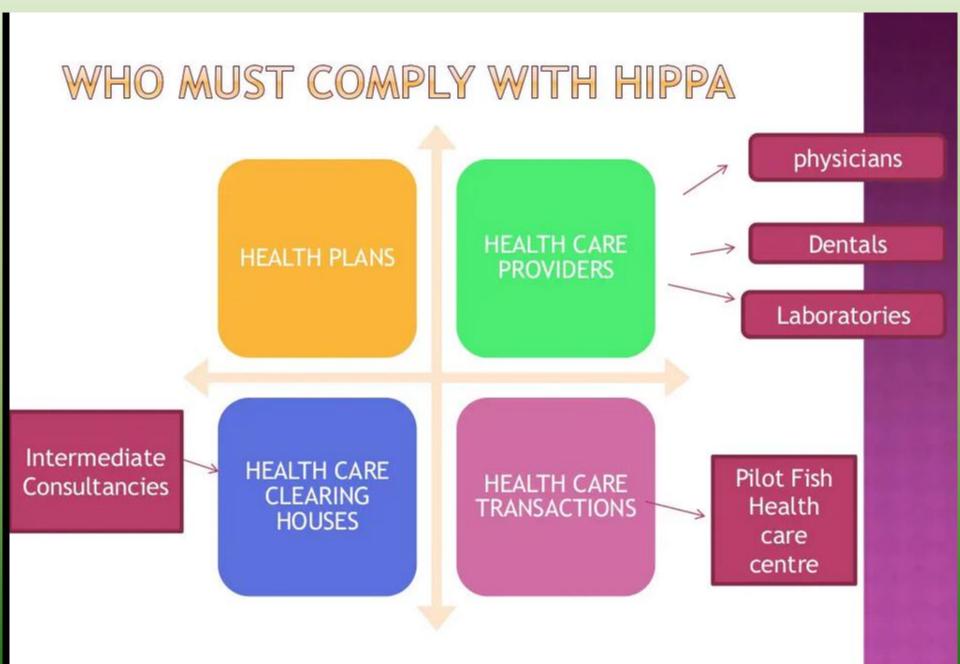
Penalties for improper disclosure and misuse .

## Security Rule

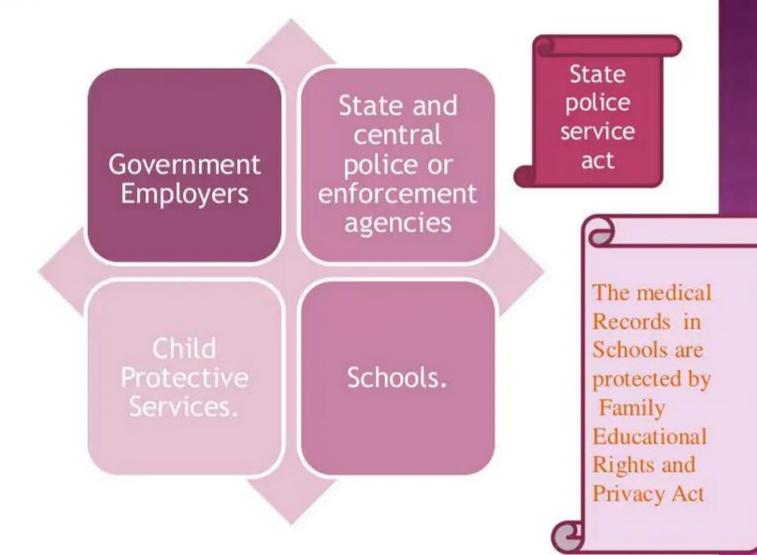
Monitor access to PHI

lays out specific requirements concerning contracts between CE and their business associates

Policies and procedures to ensure the health organization's compliance with HIPAA.



### WHO MUST NOT COMPLY WITH HIPPA



#### **HIPAA Patient Rights**

HIPAA guarantees several rights to patients:

- 1. Right to privacy
- Right to confidential use of their health information for their treatment, billing process, and other health care operations (such as quality improvement)
- 3. Right to access and amend their health information upon request
- 4. Right to provide specific authorization for use of their health information other than for treatment, billing and other health care
- Right to have their name withheld from our patient directories
- Right to request that individuals are not told of their presence in our facilities

## **HIPAA Overview**

- The Privacy Rule governs who has access to protected health information (PHI).
- The Security Rule specifies a series of administrative, technical and physical security procedures to assure the confidentiality, integrity and availability of ePHI.
- The American Recovery and Reinvestment Act (ARRA) goal is to establish secure electronic health records for all Americans by 2014.
- The Health Information Technology for Economic and Clinical Health Act (HITECH)

11

- ARRA/HITECH brings changes to the HIPAA regulations in 3 categories:
- Breach notification
- Business Associate responsibilities
- Penalties

### **HITECH and ARRA Rules**

- HITECH is designed to encourage health care providers to adopt health information technology in a standardized manner and to protect private health information.
- ARRA is the direct result of modifications in the HIPAA Privacy, Security and Enforcement Rules and strengthens health information privacy and security protections. ARRA specifically addresses:

12

- Breaches
- Electronic Health Records(EHR)
- Personal Health Records (PHR)

### **The Privacy Rule**

- The Privacy Rule is designed to protect individuals' health information (PHI) and allows individuals to:
- 1. get a copy of their medical records
- 2. ask for changes to their medical records
- 3. find out and limit how their PHI may be used
- 4. know who has received their PHI
- have communications sent to an alternate location or by an alternate means
- 6. file complaints and participate in investigations

### **The Privacy Rule**

- The Privacy Rule is designed to protect individuals' health information (PHI) and allows individuals to:
- 1. get a copy of their medical records
- 2. ask for changes to their medical records
- 3. find out and limit how their PHI may be used
- 4. know who has received their PHI
- have communications sent to an alternate location or by an alternate means
- 6. file complaints and participate in investigations

### **Guidelines For Using & Disclosing PHI**

- You may disclose information, without a member's authorization, to the appropriate authorities:
- ✤ if required by law, court order, etc.
- ✤ to public health officials, FDA, etc.
- for abuse or domestic violence
- to help law enforcement officials
- to notify of suspicious death
- to provide information for workers' compensation

14

- to assist government actions
- to help in disaster relief efforts
- to avert a serious threat to health or safety
- for health oversight activities

### **YOUR RESPONSIBILITIES**

You are required to:

- disclose PHI limit the information you share with a person to what he or she needs to know ("minimum necessary" guidelines)
- > use PHI according to HIPAA approved guidelines for access, accounting, amendment, and restriction of PHI.
- only access the PHI necessary to complete your job duties
- maintain confidentiality & security of member information at all times
  <sup>15</sup>

## **HIPAA Patient Rights**

HIPAA guarantees several rights to patients:

- 1. Right to privacy
- Right to confidential use of their health information for their treatment, billing process, and other health care operations (such as quality improvement)
- 3. Right to access and amend their health information upon request
- Right to provide specific authorization for use of their health information other than for treatment, billing and other health care operations.