

Emotion

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EMOTIONS



IMAGINE LIFE WITHOUT

- Happiness
- Fear
- Sadness
- Surprise
- Disgust



WHAT ARE EMOTIONS?

DEFINITION OF EMOTION

- Emotion is a complex psychological phenomenon which occurs as animals or people live their lives.
- It is Intense feeling that are directed at someone or something

EMOTIONS INCLUDE THREE THINGS

- conscious experience (feelings)
- expressions which can be seen by others
- actions of the body ('physiological arousal')

EMOTION IS ASSOCIATED WITH

- MOOD
- TEMPERAMENT
- PERSONALITY
- DISPOSITION
- MOTIVATION"





CATEGORIES OF EMOTIONS

CATEGORIES OF EMOTION

- EMOTIONS ARE DIVIDED INTO TWO CATEGORIES
- PRIMARY EMOTIONS
- SECONDARY EMOTIONS

Primary emotion

- A primary human emotion types are the one triggered in response to an event



PRIMARY EMOTIONS

- LOVE
- JOY
- ANGER
- SADNESS
- SURPRISE
- FEAR

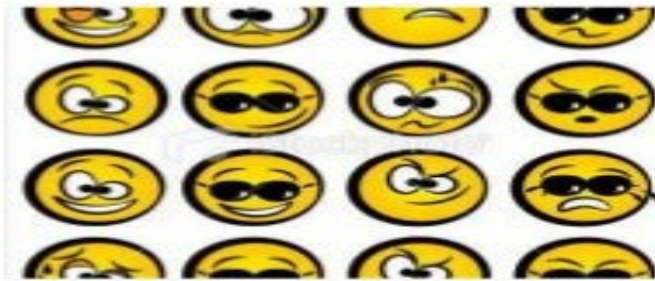
Secondary emotion

- If we experience fear, the secondary emotions would be : feel threatened or feel anger, depending on the situation we are experiencing.



SECONDARY EMOTIONS

- PASSION
- OPTIMISM
- IRRITATION
- DISGUST
- SHAME
- NERVOUSNESS



VARIETY OF EMOTIONS

HUMAN EMOTION

- Human emotion is innate in all of us; it's something we're born with and something we die with.
- Happiness, sadness, love, hatred, worries, and indifference – these are things that constantly occur in our daily lives.