

Candidiasis

- **Candidiasis** is a fungal infection caused by a yeast (a type of fungus) called Candida. Some species of Candida can cause infection in people; the most common is *Candida albicans*. Candida normally lives on the skin and inside the body, in places such as the mouth, throat, gut, and vagina, without causing any problem.
- Types of candida fungus skin infections include:
 - athlete's foot
 - oral thrush
 - vaginal yeast infection
 - nail fungus
 - jock itch
 - diaper rash
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Candida infections also tend to be more prevalent in:

- infants
- people who are overweight
- people with diabetes
- people with an underactive thyroid gland, or hypothyroidism
- people with inflammatory disorders
- people with a weakened immune system
- people working in wet conditions
- pregnant women

symptoms

- depending on body location, but include the following:
 - rashes
 - red or purple patches (area with an altered surface)
 - white, flaky substance over affected areas
 - scaling, or shedding of the skin with flakes
 - cracks in the skin
 - soreness
 - erythema, which results in areas of redness
 - maceration, or the appearance of soft white skin
 - creamy satellite pustules at margins of affected areas (pimples filled with pus)
 - red and white lesions in your mouth, as seen in oral thrush

Types of candidiasis

- Mucocutaneous
- Skin and nail infection
- Systemic
- Oral
- Pseudomembrane
- Denture induced stomatitis
- Chronic hypertrophic

Treatment

- Nystatin
- Amphotericin
- chlotrimazole