

Yoga Education Centers in India and Abroad

YOGA EDUCATION CENTRES IN INDIA

CHANDIGARH

1. Chandigarh Ayurved Center
1123, Universal Enclave, Sector 48-B, Chandigarh.
Contact No.: 91-9888484027
2. DYFC
#3184 sec 28D (Top floor), Chandigarh
3. Shiv Yog Sadhna (Regd.)
#2261, Sector 66, Mohali (Chandigarh), Punjab
4. Vishvas Meditation Centre
Panchkula, Haryana and Mohali, Punjab
5. Yognishtha
Sector 39-B Chandigarh.
Email: jayendra62@gmail.com
6. Yogshala Fitness Cafe
S.C.F 27, Phase-9, Mohali

HARYANA

1. Anandmurti Gurumaa Ashram
NH-1, Gannaur, Sonipat District, Haryana 131101

Phone: 0130-6452740 / 011-41708833

Email: shankar@gurumaa.com

Website: www.gurumaa.com

2. Mahatma Gandhi Yoga & Naturopathy Hospital, Jind
- Haryana

Somanath Mandir, Jind (Haryana)

Email: drhooda@yahoo.com

HIMACHAL PRADESH

1. Arogyam Panchkarma Centre And Ayurvedic Hospital

Una, Himachal Pradesh

2. Basunti

Village Khatiar, Kangra, Himachal Pradesh

3. Divya Institute (Yoga Research Centre)
'Divya Kunj', New Totu, Shimla-171 011

4. Vishvas Meditation Centre

Dagshai, Solan, Himachal Pradesh

JAMMU & KASHMIR

1. Kashmir Shaivism School of Yoga

H.No.223 Subash Nagar-Jammu Tawi (Jammu & Kashmir) 180004

Tel: +91-8806870037, 0-9637932485, 0-9797334752
Email: info@kashmirshaivismschoolofyoga.com

PUNJAB

1. Pushkarna Research Association for Natural Aid
SCO 001, Amar Shaheed Pandit Lekhram Market,
College Road, Quadian - 143516

Website: www.pranahhealth.in

2. Shiv Yog Sadhna (Regd.)

#2261, Sector 66, Mohali (Chandigarh), Punjab

Tel.: 0-9357333223, 0-9876233223

Email: info@shivyogsadhna.com,

shivyogsadhna@gmail.com,

shivyogsadhnakendra@yahoo.com

UTTARAKHAND

1. Anantbodh Yoga

Shri Matri Chaya, Gurukula, Jagjeetpur, Haridwar

Email: anantbodh@gmail.com

2. Dr Chandra Shekhar Bhatt

Private yoga instruction in Kathgodam at foothills of Himalayas, the place of Swami Rama.

Email: vajramuktiyogafoundations@yahoo.com

3. Indian Institute of Yoga

Haridwar

E-mail: dr.nishkarsh@gmail.com

4. Paramanand Institute of Yoga Sciences and Research

Haridwar, Uttranchal, India.

5. Sangam Yoga Retreat

Devprayag. Phone: 00919997763812, 0-9897338939,

Email: divinelighthouse@hotmail.com

6. Shuklacharya

'Shree Kailashmukhi', Bhimtal, Uttarakhand 263136
Phone: +91 999 70 927 94

Email: shuklacharya@gmail.com

Website: www.shuklacharya.com

7. Shree Tattvam

Garampani, Dist-Nanital, Uttrakhand-263135

8. Shri Ram Sharnam Ashram

Haridwar Ashram: 511-A, Sapta Sarovar Marg,
Bhupatwala, Haridwar, Uttrakhand

9. Yog-Ganga Centre For Yoga Studies

101 Old Rajpur, Dehradun, Uttarakhand 248001

10. Yoga Divine Life

Haridwar (Uttarakhand)

NORTH-EAST INDIA

ASSAM

1. National Institute of Yoga Therapy and Naturopathy

Guwahati, Assam

2. Siddhartha Yoga

Guwahati (Assam)

CENTRAL INDIA

MADHYA PRADESH

1. Arhanta Yoga Ashrams

Village Bansarae, District Chattarpur, Madhya Pradesh

Tel: +91 812 012 1002 / 1 888 717 2812 (Toll Free)

2. The Bodhi Center for Yoga and Meditation

Indore (M.P.), India

3. Cosmic Rhythm

Khandwa Road, Indore, Madhya Pradesh, India.

4. Paramanand Institute of Yoga Sciences & Research

Khandwa Road, Indore, (Madhya Pradesh)

5. Ujjain Yoga Life Society

Yoga Bhavan, Taran Taal Premises, Kothi Road, Ujjain.

Email: info@yogalife.co.in

6. Yoga and Psychotherapy Association of India

BDS-1, University Campus, Sagar-470003 India.
Phone: 0091 7582 265539 / Mob.: 09425656196

Email: ypai_yoga@live.in or cgiri@hotmail.com

INDIAN WEST COAST

GUJARAT

1. Birju Acharya's Yoga Vedic Village
Opp. Raj residency, Near Shalin Bungalows, Shalin,
Ahmedabad. 380058 (Gujarat)

Email: drbirjuacharya@yahoo.com

2. Center for Human Excellence
Ahmedabad, Gujarat

Email: hiren_panchal13@yahoo.co.in

3. Exhale Yoga School

Zanzree Dance, Judges Bungalow, Ahmedabad, Gujarat

4. Neeta Holistic Yoga, Reiki and Alternative Therapies
Center

H-8, Kalindi Apartments, Pashabhai Park, Race Course
Circle, Vadodara-390007 (Gujarat)

M: 91 9727067585 / Email: neetachaubal@gmail.com

5. Nirvikalp Yoga Academy
South Bopal, Ahmedabad, Gujarat

6. Shanti Darshanam Yoga at Shanti Mandir Ashram
Shanti Mandir At Village Magod, Mahafalia. Post: Atul,

Dist. Valsad 396 020. Gujarat

Email: info@shantarasa.com.au

MAHARASHTRA

1. Aimyoga

Kasara(E), Thane district. 100km from Mumbai.

Email: aimyoga@gmail.com

2. Bharatiya Yoga Vidya Dham

Yogabhavan, College Road, Nasik, Maharashtra
422005

3. Dhanvantri Research Foundation
Wardha. Maharashtra, India.

Email: nileshdhpkas@herbalcayetourism.com

4. Govardhan Eco Village

Galtare, Hamrapur (P.O), Wada (Taluka), Palghar
(District) - 421303, Maharashtra

5. Kaivalyadhama Yoga Institute
Lonavala, Maharashtra
Phone: 00919769695135
Email: kdham.alumni@gmail.com
6. Sivananda Yoga Vidya Peetham
Amboli, Maharashtra. Courses also in different parts
of India and abroad from time to time.
Phone: 00919447515503 / 9763036261
Email: sivanandapeetham@gmail.com
7. Yoga Divine Life
Shirdi (Maharashtra)
8. Khyati's Yoga Studio
D 2, Clover Gardens, 4 Naylor Road, Off Mangaldas
Road, Koregaon Park, Pune - 411001 (Maharashtra)
9. National Institute of Yoga Therapy and Naturopathy
Pune, Maharashtra
10. Neuo Ashram
Neuo Ashram Center, Amit Shreepal (fourth fl), Ghole
Rd., Off J M Rd, near Balgnadharv Chauk, Pune 411005
Tel: 020 25530790 / +919922219833
Email: neuolife@gmail.com
11. Param Yoga
Pune - Aundh, Camp, Deccan (Maharashtra)
12. Shri Krishna Yog
Sahyadri Colony, New Sanghvi, Pune.
Tel: 0-9545353535
Email: info@shrikrishnayog.com
13. Total Yoga
Pune studio: Kalyaninagar, NIBM road, SB Road.
Email: chinz.pai@gmail.com
14. Yoga Retreats in India | ShivaShaktiYoga
2nd Floor, Rahi Chambers, Visava Maruti Chowk,
Sadashiv Peth, Pune - 411030
15. Yoga Village
Pune (Maharashtra)

EASTERN INDIA

BIHAR

1. Clinical Yoga Center
Momentum Services Pvt. Ltd Campus. Hazari Singh
Lane- 02/6, Opposite Krishna Apartment, South S.K.
Puri, Boring Road, Patna 800001 (Bihar)
Phone: +919431490858
Email: swamiji@yahoo.com
2. Energy Yoga healing centre
Address: Professor Colony, Dariapur gola, Patna-
800004 (Bihar)
3. Personal Yoga Trainer Patna
Patna, Bihar

WEST BENGAL

1. Green Yoga Studio
Siliguri... Darjeeling, West Bengal.
Email: indrazeet@gmail.com
2. Himalayan Yoga Bliss Yoga and Wellness Centre
Dr. Zakir Hussian Road, Near Youth Hostel, Darjeeling
Tel: 00919609840755
Email: himalayanyogabliss@gmail.com
Website: himalayanyogabliss.com
3. Indian Board of Alternative Medicine
80, Chowringhee Road, Calcutta - 700020.
4. Institute of Indian Yoga Therapy
2/208 Sree Colony, Kolkata - 700092 Yogacharya
Tonmoy Shome
Phone: 9133 - 24126935 / 24295684
Email: yogacharyatonmoy@loknathyoga.com
Website: www.loknathyoga.com
5. National Institute of Yoga Therapy and Naturopathy
Kolkata, West Bengal.
6. Ramakrishna Temple at Belur Math
P.O. Belur Math-711202, Dist. Howrah,
West Bengal - an hour's drive from Kolkata
Website: www.belurmath.org
7. Sapta Yoga Ashram & Yogic Hospital
Village Kotalghosha, Post Office Kirnahar, District
Birbhum, West Bengal, PIN 731 302

Email: saptayoga@india.com, saptayoga@gmail.com

8. Stayfit
Khalore, (near p.w.d.office), Bagnan, Howrah,
Pin-711303. (West Bengal)

9. World Welfare Mission
Centres in Topsia and Ballygunge, Kolkata
Tel.: 91 9836 86 5656, +91 99580 13837,
+91 8750277881

10. World Yoga Society expertise of pioneering Yoga
World Yoga Society Online Consultation: A - 47, Survey
Park, Santoshpur, Kolkata 700 075 (West Bengal)
Phone: +91-33-2416 5790, +91-33-2416 6178
Email: contact@woyoso.org , woyoso.org@gmail.com,
worldyogasociety@gmail.com

11. Yog Academy (UC Aruna Memorial Foundation)
Satyam Apartment, AG/245, Talbagan 16 FT. Road,
Keshtopur, Kolkata 700102, West Bengal

12. Yoga For Life
BC 74, Salt Lake City, Sector - I, Kolkata - 700 064
Email: s.dwibedy@rediffmail.com

SOUTH INDIA

PUDUCHERRY/PONDICHERRY

1. Pudukai Yoga

Near Indiragandhi sports complex, Muthialpet,
Pondicherry

Email: rameshraj6@yahoo.co.in

2. Sita Cultural Center

Pondicherry

3. Sri Aurobindo Ashram

Eastern Pondicherry

ANDHRA PRADESH

1. Ananda Spa Institute

Road #2, I.T.Park, NanakramGuda, Gachi Bowli,
Hyderabad (Andhra Pradesh)

2. Home Of Yoga - Registered Yoga School of Yoga
Alliance USA

Plot No.7 Yoga Street, Near Venkateswara Temple,
Venkateswara Colony, Town Centre Layout, 100 Feet Ring
Road, Vizianagaram 535 002 (Andhra Pradesh)

3. Kaivalya Yoga Vignana Kendra
7-1-282/C/1/19, Lingaiahnagar, Balkampet,
Hyderabad (A.P.)
4. Peace Mystics Trust
Sadbhavana Township, 105/B2 Block, Jodimetla,
Uppal, Hyderabad, (A.P.)
5. Pranava Yoga Zone
2nd cross road Ramesh Reddy nagar Near RTC Bus
stand Nellore 524003 (A.P.)
6. Shakthiyoga
Maharishi Mahesh Yogi Dyana Mandir, Madanapalle,
(Andhra Pradesh)
7. Siddhartha Yoga
Hyderabad (A.P.)
8. Sparsh the Divine Touch
Hyderabad, Andhra Pradesh
9. Traditional Yoga
Hyderabad, Andhra Pradesh
10. Yoga at your door step
Khairatabad, Hyderabad, 500004 (A.P.)
11. Yoga Laksmi Pathi
Dwarakapuri colony, Jaya enclave-502, Panjagutta,
Hydrabad (A.P.)
Tel.: 91 90001520 52 : 91 9533252825
Email: harikumar.moorthattil@gmail.com

KARNATAKA

1. Gokarna Yoga Garden
Kudlee Beach, Gokarna (Karnataka)
2. Gokarna Yoga School
Gokarna, Karnataka
Email: gokarnayogaschool@gmail.com
3. Namaste Yoga Farm
Gokarna, Kudle beach,
Phone: +91/9379839088
Email: info@spiritualland.com
4. Samyama Academy of Yoga
AjjanaMane, Talavata PO, Thalaguppa Hobli, Sagar
Taluk, Shimoga District, 577421, Karnataka