

Harmony in the Society

Self-exploration, Self-investigation, Self-study

1. Content of Self Exploration:

a. Desire (चाहना) - Aim, Purpose

– Happiness, Prosperity → Continuity

b. Program (करना) – Process of achieving the desire, action

Happiness = To be in Harmony

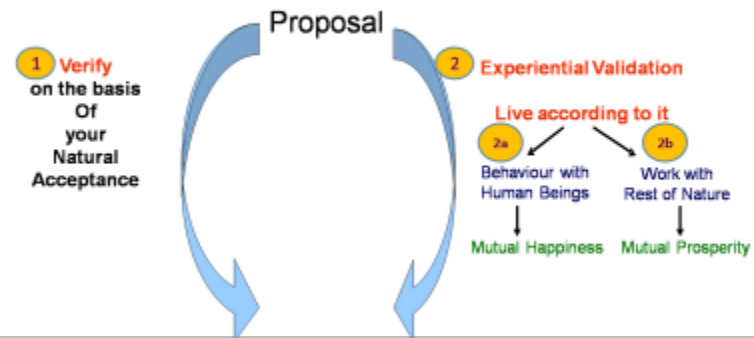
To understand Harmony & to live in harmony at all 4 levels:

1. Harmony in the Human Being
2. Harmony in the Family
- 3. Harmony in the Society**
4. Harmony in Nature/Existence

2. Process of Self Exploration

Self-verification

Whatever is said is a Proposal (Do not accept it to be true)
Verify it on your own right



Harmony in Society

We will explore:

1. Goal of Human Being Living in Society (Human Goal)
2. The System Required to Achieve Human Goal
3. Scope of this System

What is Desirable and Where are we today?

Families living together, in a relationship of mutual fulfillment
(common goal)

Society

People living together, but not in relationship of mutual fulfillment
(differing goals)

Crowd

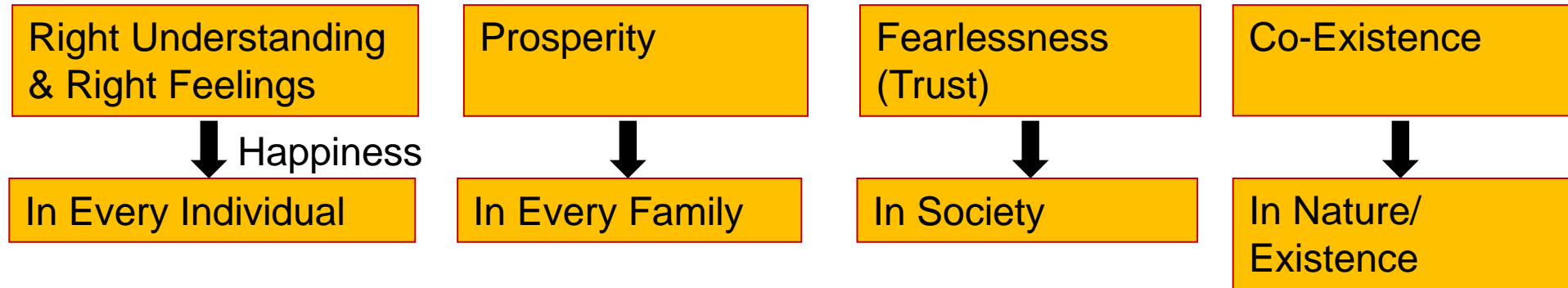
People living separately, in opposition / struggle
(conflicting goals)

Battlefield

We will explore harmony in society – The base of harmony in society is harmony in family for which the base is harmony in human being

Harmony in the Society (समाज में व्यवस्था)

Human Goal (मानव लक्ष्य)



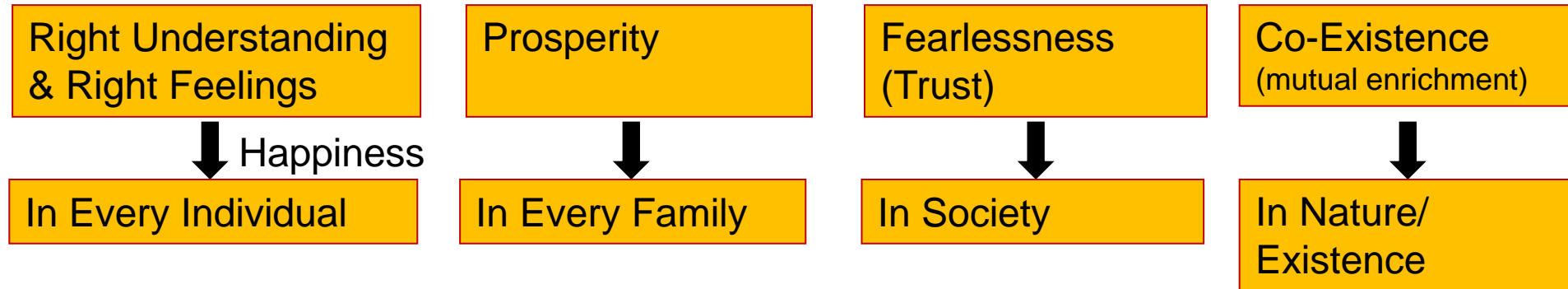
Are all 4 required, desirable or we can leave something out?

Other than these 4, what else is required?

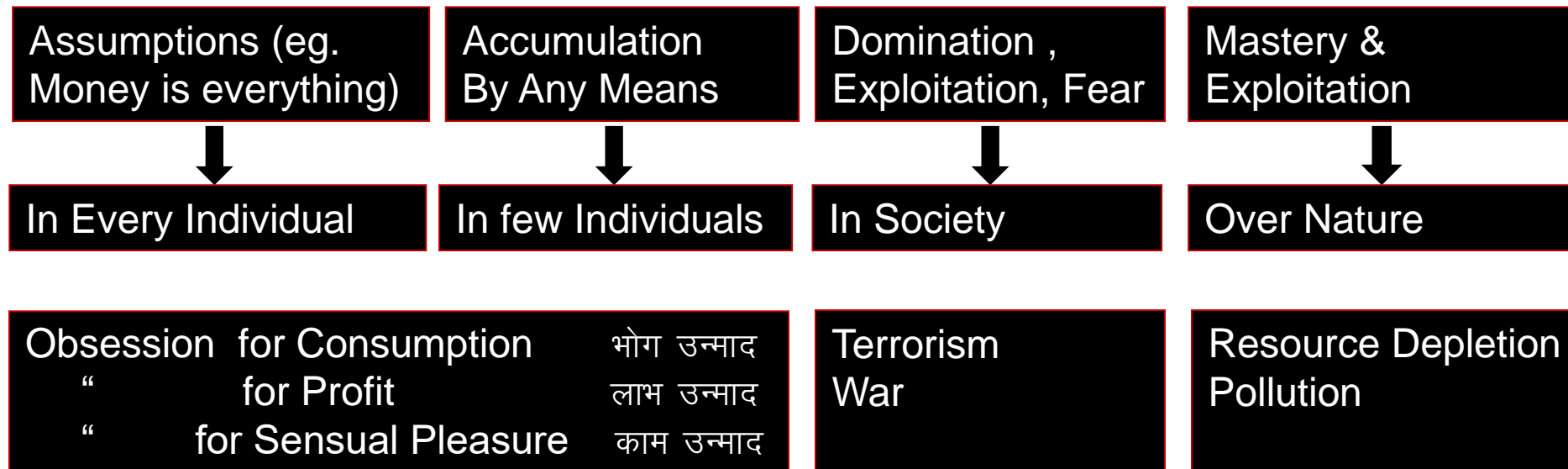
Are we working for all 4?

Current State – Have we understood our Goal?

Human Goal (मानव लक्ष्य)

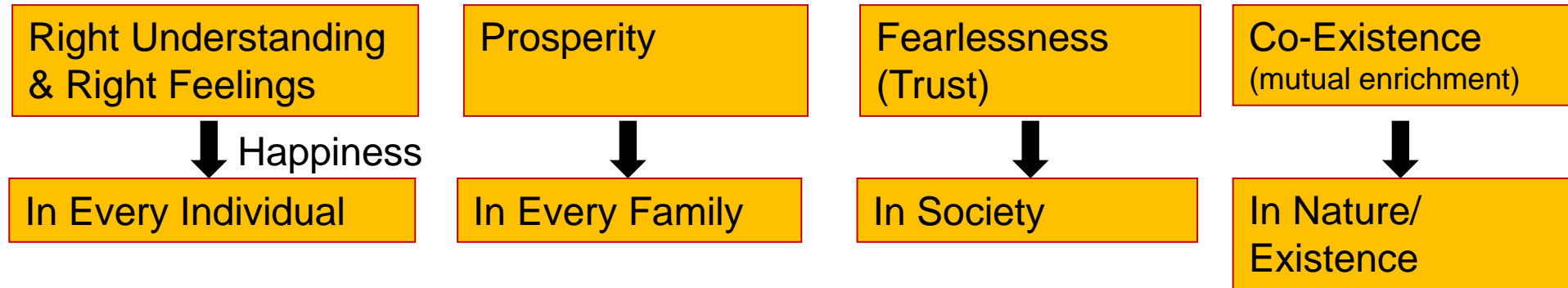


Current Situation

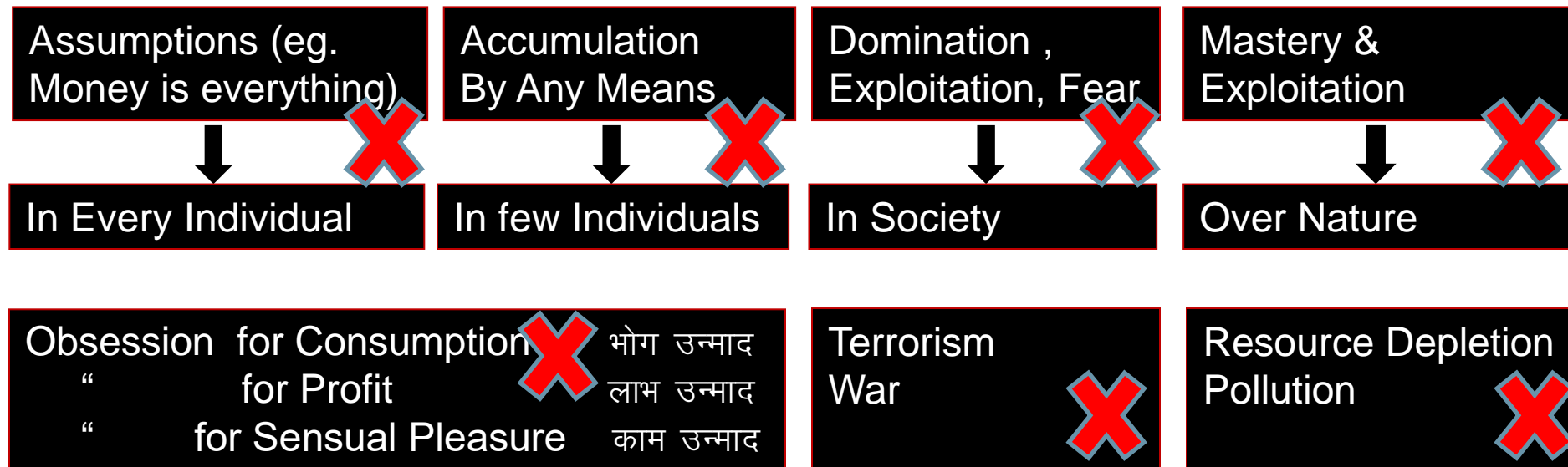


Current State – Have we understood our Goal?

Human Goal (मानव लक्ष्य)

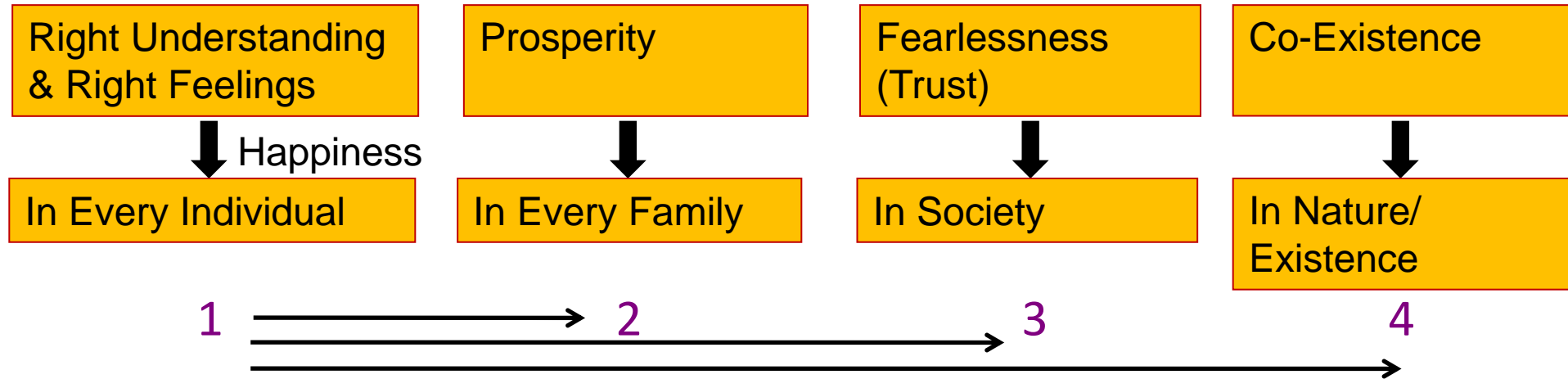


Gross Misunderstanding (आधारभूत भ्रम)



Harmony in the Society (समाज में व्यवस्था)

Human Goal (मानव लक्ष्य)



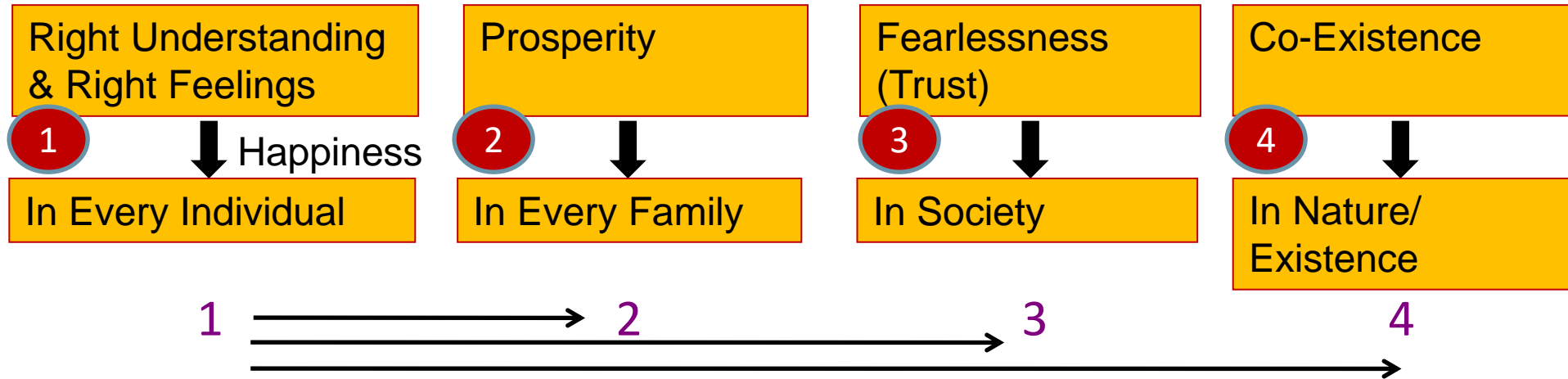
Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

- | | |
|------------------------|------------------|
| 1. Education – Sanskar | - शिक्षा संस्कार |
| 2. Health – Sanyam | - स्वास्थ्य संयम |
| 3. Production – Work | - उत्पादन कार्य |
| 4. Justice – Suraksha | - न्याय सुरक्षा |
| 5. Exchange – Storage | - विनिमय कोष |

Harmony in the Society (समाज में व्यवस्था)

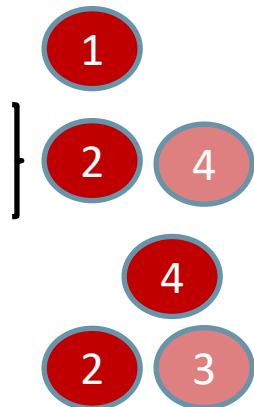
Human Goal (मानव लक्ष्य)



Human Order (मानवीय व्यवस्था)

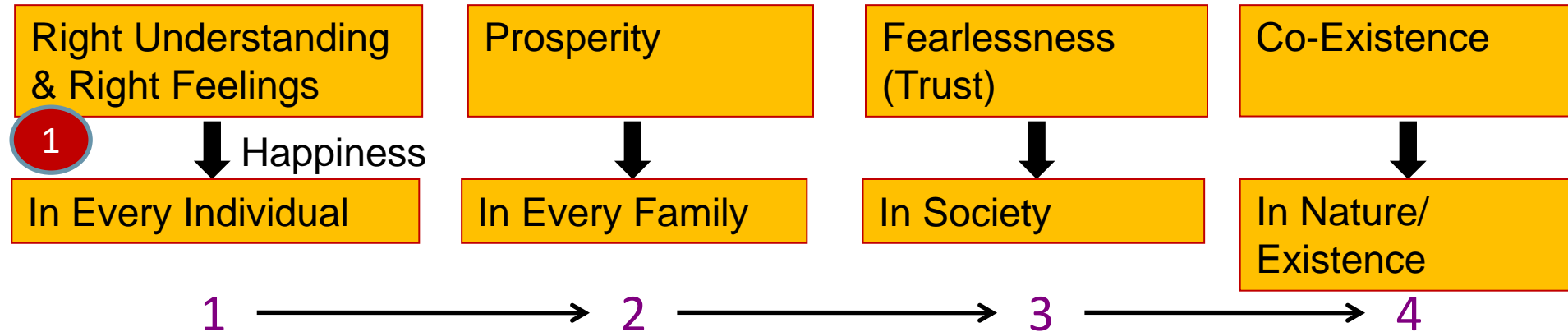
Five Dimensions (पाँच आयाम)

1. Education – Sanskar
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Harmony in the Society (समाज में व्यवस्था)

Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

1. Education – Sanskar
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1

1a. Education – To develop the right understanding of the harmony at all levels of our living – from self to the entire existence (individual, family, society, nature/existence)

1b. Sanskar – The commitment, preparation and practice of living in harmony. Preparation includes learning the skills and technology for living in harmony at all levels – from self to the entire existence (individual, family, society, nature/existence)

Self-Discipline, Self-Confidence स्वअनुशासन, आत्मविश्वास

Assuming
मानना

Next
Generation

Relationship
संबंध

Self Discipline (10...)

स्व-अनुशासन

Self-confidence

आत्मविश्वास

Knowing

जानना

Imitate अनुसरण (0-3)

Follow अनुकरण (3-6)

Obedience/Discipline

आज्ञापालन / अनुशासन (5-9)

Right

सही

Self-expl

जाँच

Every next generation is more developed

In harmony within

In harmony with family

In harmony with society

In harmony with nature/existence

Family

परिवार

School

विद्यालय

University

विश्व-विद्यालय

Society

समाज

Assuming
मानना

Imitate अनुसरण (0-3)
↓
Follow अनुकरण (3-6)
↓
Obedience/Discipline
आज्ञापालन / अनुशासन (5-9)



Wrong
गलत

Domination
शासन

Arbitrariness मनमानी
↓
Opposition द्रोह (8-12)
↓
Revolt विद्रोह (by other)
↓
Struggle संघर्ष (13-30)
↓
War युद्ध (30...)

Next
Generation

Family

परिवार

School

विद्यालय

University

विश्व-विद्यालय

Society

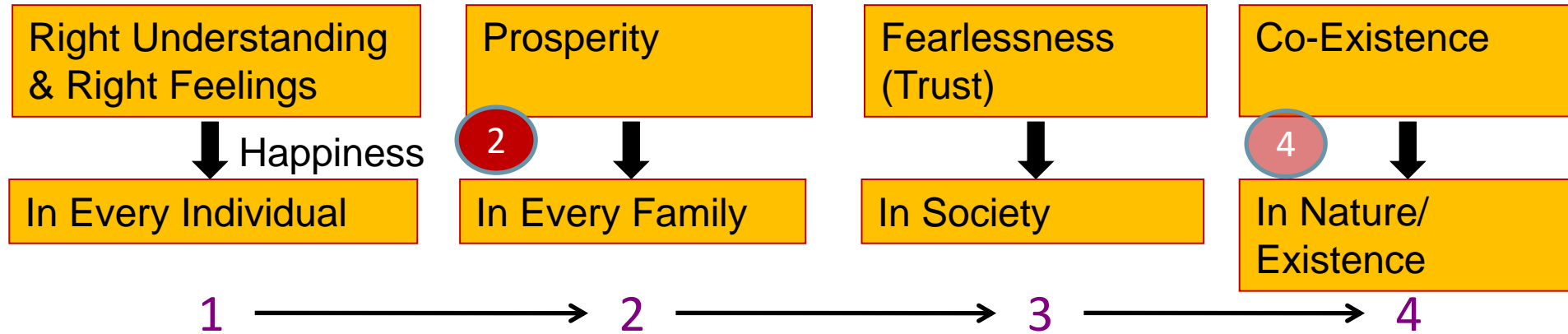
समाज

Every next generation is less developed

In more contradiction within
In more opposition with family
More struggle in society
More conflict with nature/
existence

Harmony in the Society (समाज में व्यवस्था)

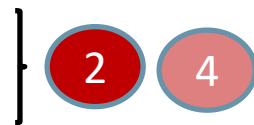
Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

1. Education – Sanskar
2. Health – Sanyam
3. Production – Work
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5. Exchange – Storage



2b. Sanyam – Feeling of responsibility for Nurturing, Protection and Right Utilization of the Body

2a. Health (Swasthya) –
Body acts according to I
Parts of the body are in harmony (in order)

→ Recognising What is Needed as Physical Facility

Program for Health-sanyam

Sanyam in the Self (I): Feeling of responsibility for Nurturing, Protection and Right Utilization of the Body



Program for Sanyam

- | | |
|--------------|-------------------|
| 1a. Intake | 1b. Daily Routine |
| 2a. Labour | 2b. Exercise |
| 3a. Asan | 3b. Pranayam |
| 4a. Medicine | 4b. Treatment |

Health (Swasthya) in the Body

1. Body acts according to Self (I)
2. Parts of the body are in harmony (in order)

1a. Intake includes air, water, sunlight, food which is nutritious, digestible, excretable & tasty

2a. Outcome of labour is production of physical facility

2b. No physical facility is produced by exercise

3a. Asan for balancing internal & external organs of the body

3b. Pranayam for balancing the breathing of the body

Prosperity of Human Being

Prosperity = Feeling of having more than required physical facility

2

1

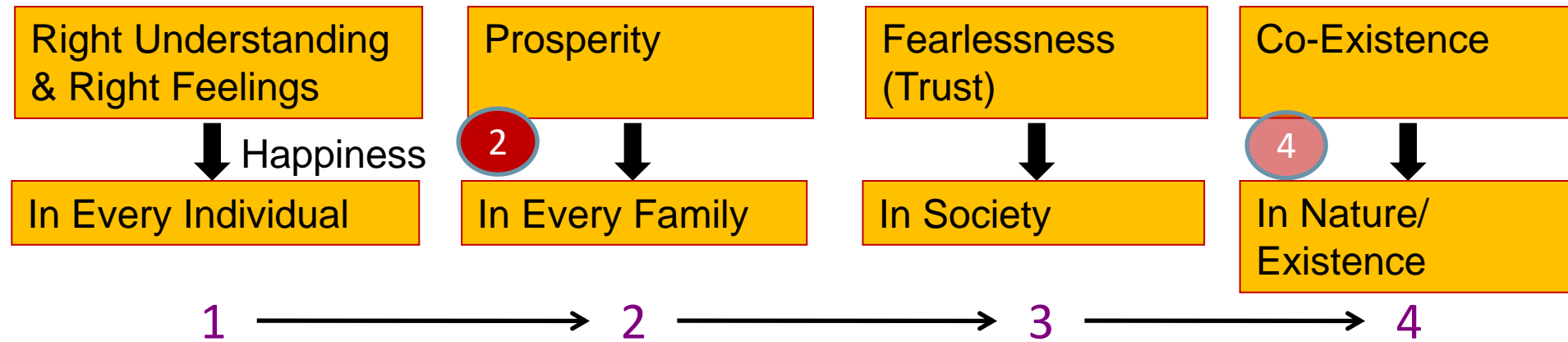
1. Identification of required physical facility (including the required quantity)
– **with right understanding**
2. Ensuring availability/ production of more than required physical facility
– **with right skills**

A prosperous person thinks of right utilisation, nurturing the other

“ **deprived** “ “ “ “ **accumulation, exploiting** “ “

Harmony in the Society (समाज में व्यवस्था)

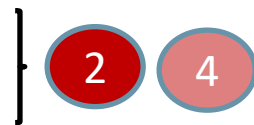
Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

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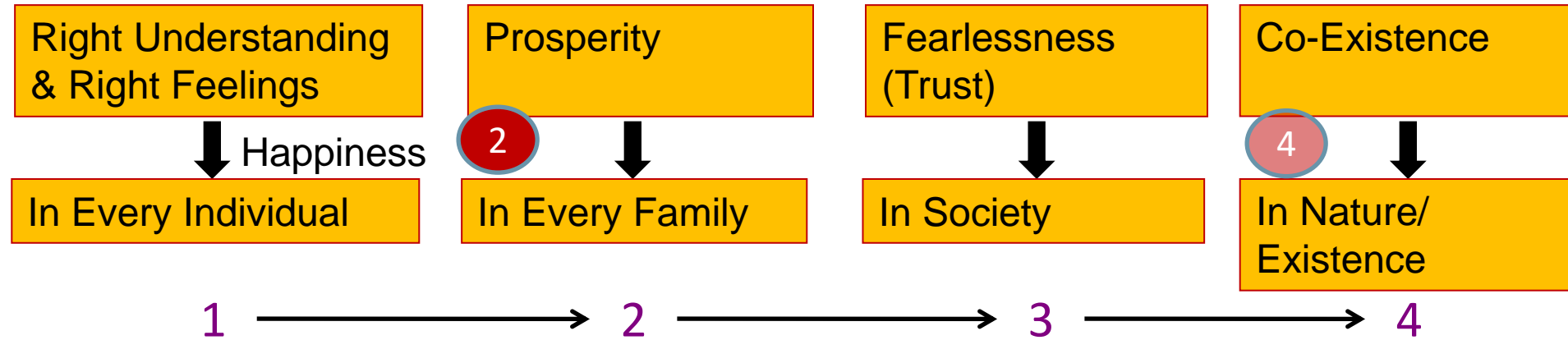


3b. Work: The labour a human being does on the rest of nature

3a. Production: The physical facility obtained out of work

Harmony in the Society (समाज में व्यवस्था)

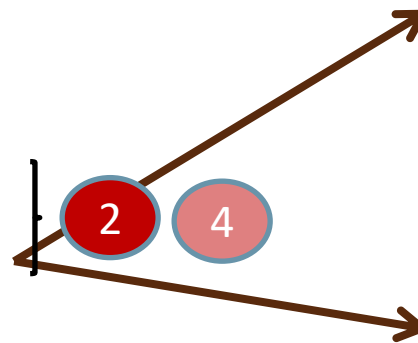
Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

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1. What to Produce?

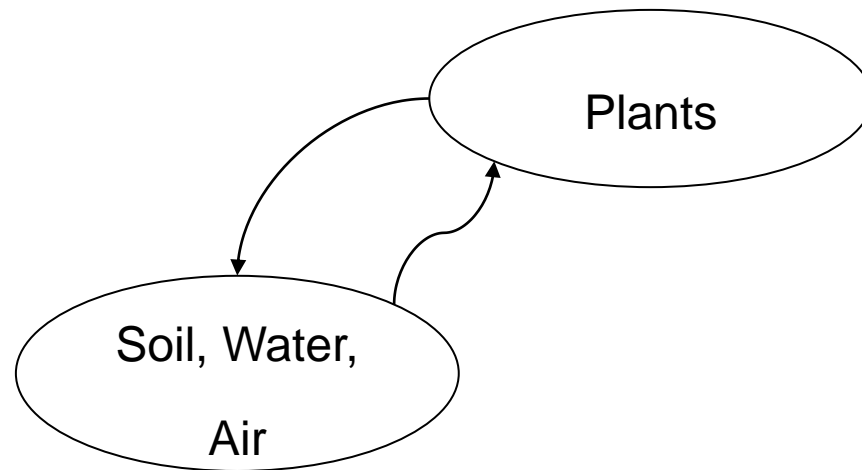
Required Physical Facility (necessary for nurturing, Protection & right utilisation of body)

2. How to Produce?

- a) Mutually Enriching, Cyclic Process (Eco-Friendly)
- b) Ensuring Justice (People-Friendly)

Mutually Enriching, Cyclic Process (Avartansheel Process)

1. Cyclic
2. Every Unit in the Process is Enriched

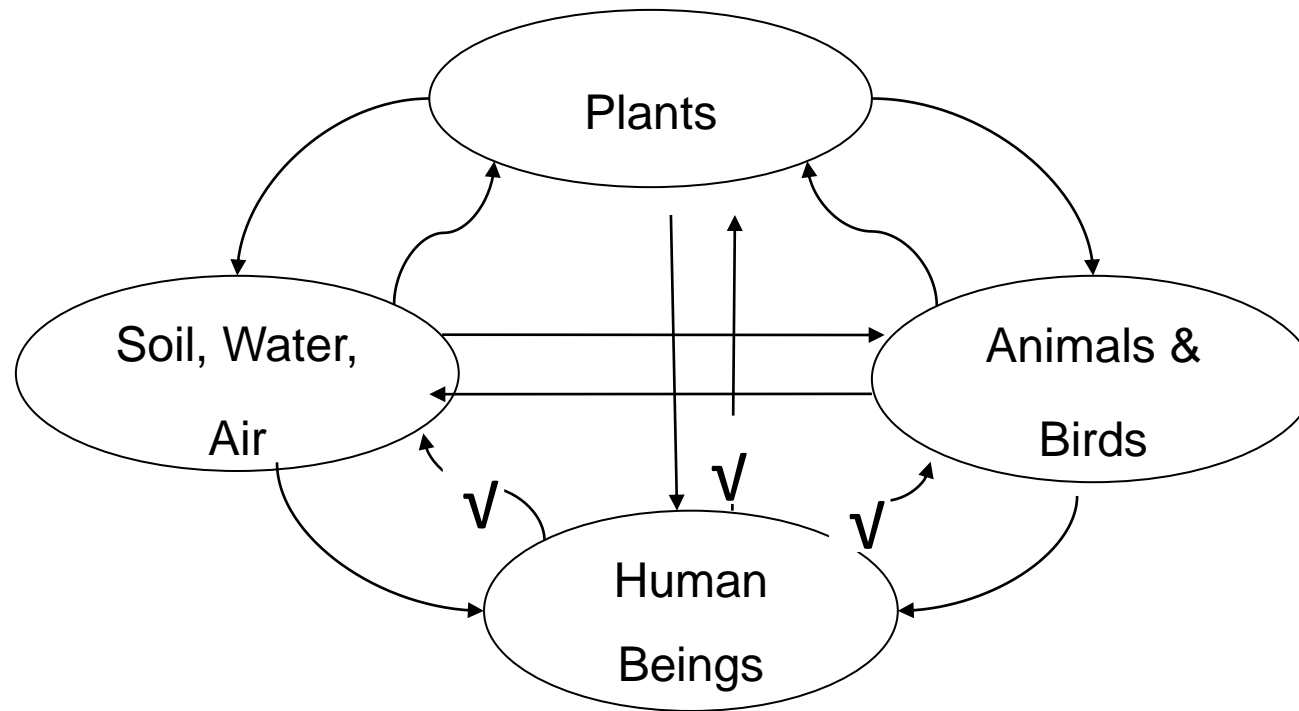


This mutually enriching, cyclic process is already going on in Nature

- We do not have to make it
- We just have to understand it & to live accordingly. i.e. To update the man-made processes accordingly

Mutually Enriching, Cyclic Process (Avartansheel Process)

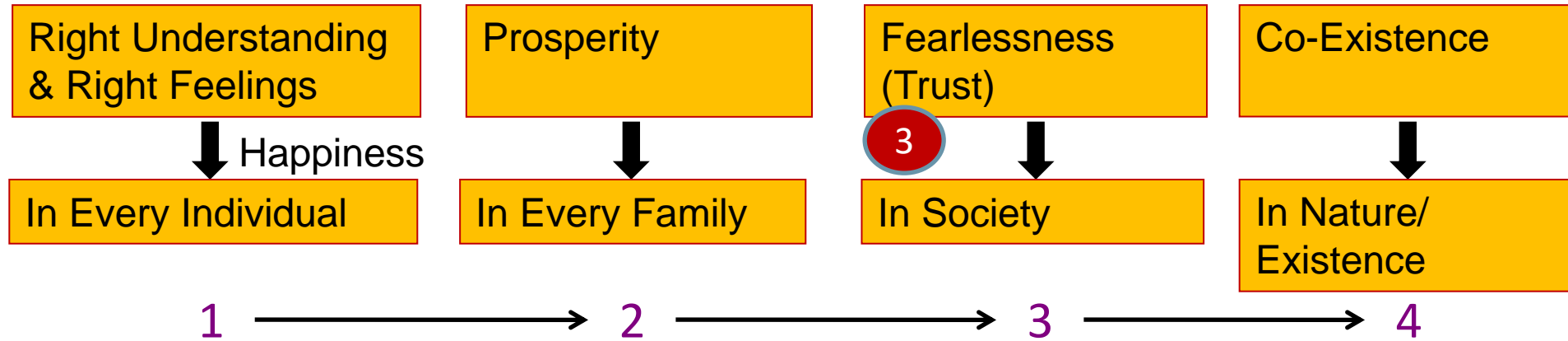
1. Cyclic
2. Every Unit in the Process is Enriched



We just have to understand it & to live accordingly. i.e. To update the man-made processes accordingly

Harmony in the Society (समाज में व्यवस्था)

Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

1. Education – Sanskar
2. Health – Sanyam
3. Production – Work
4. Justice – Surak **3**
5. Exchange – Storage

4a. Justice – Recognition of Human-Human Relationship, its Fulfillment & Evaluation leading to Mutual Happiness

Harmony in Family – Justice, From Family to World Family (Undivided Society)

1. Relationship is – between one self (I_1) and other self (I_2)
2. There are feelings in relationship – in one self (I_1) for other self (I_2)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

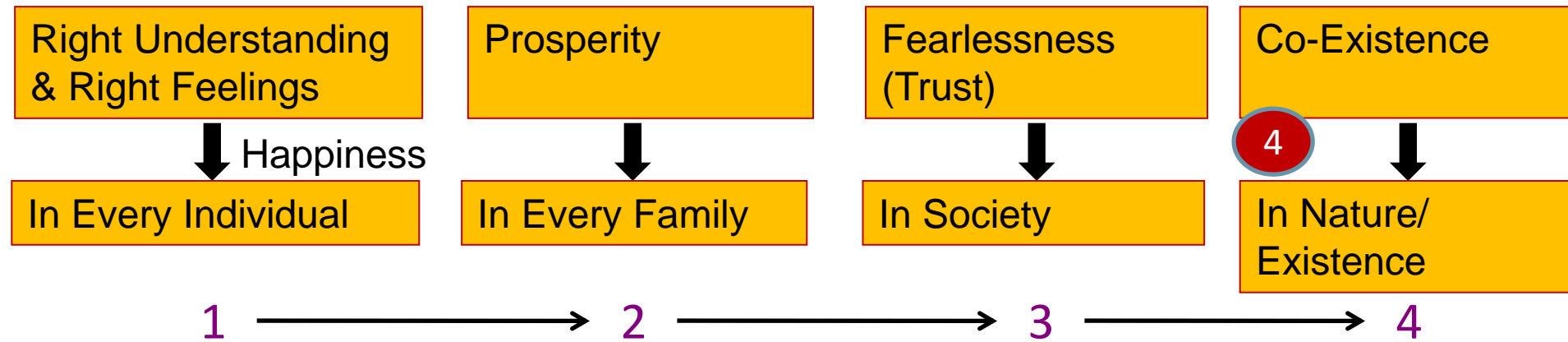
1. Trust विश्वास FOUNDATION VALUE
2. Respect सम्मान
3. Affection स्नेह
4. Care ममता
5. Guidance वात्सल्य
6. Reverence श्रद्धा
7. Glory गौरव
8. Gratitude कृतज्ञता
9. Love प्रेम COMPLETE VALUE

Justice = Recognition, Fulfillment & Evaluation of Human-Human Relationship, leading to Mutual Happiness

Justice → from Family to World Family → Undivided Society (अखण्ड समाज)

Harmony in the Society (समाज में व्यवस्था)

Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

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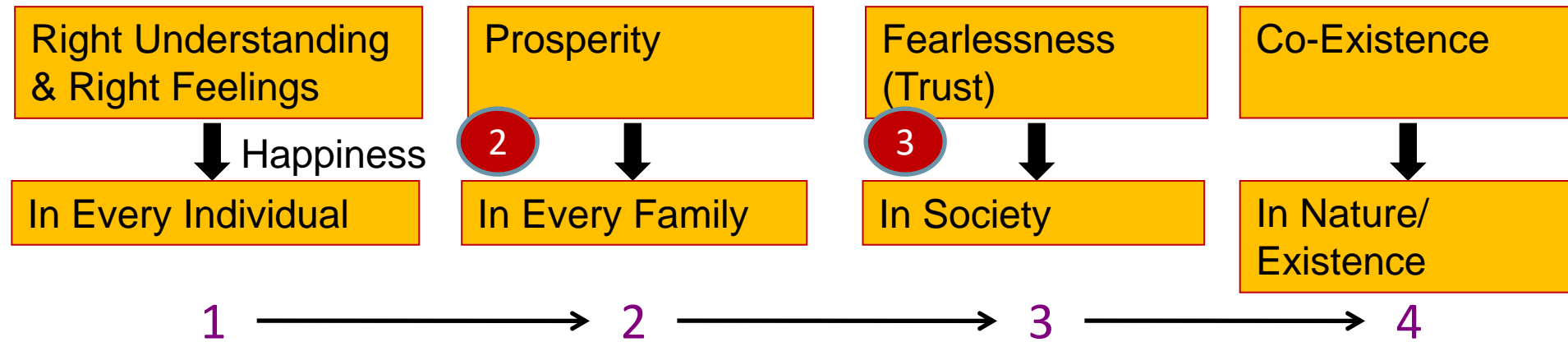
4

4b. Suraksha – Recognition of Human-Nature Relationship, its Fulfillment & Evaluation leading to Mutual Prosperity or Mutual Enrichment

1. Prosperity of Human Being
2. Suraksha of rest of Nature (Enrichment, Protection & Right Utilisation of rest of Nature)

Harmony in the Society (समाज में व्यवस्था)

Human Goal



Human Order (मानवीय व्यवस्था)

Five Dimensions (पाँच आयाम)

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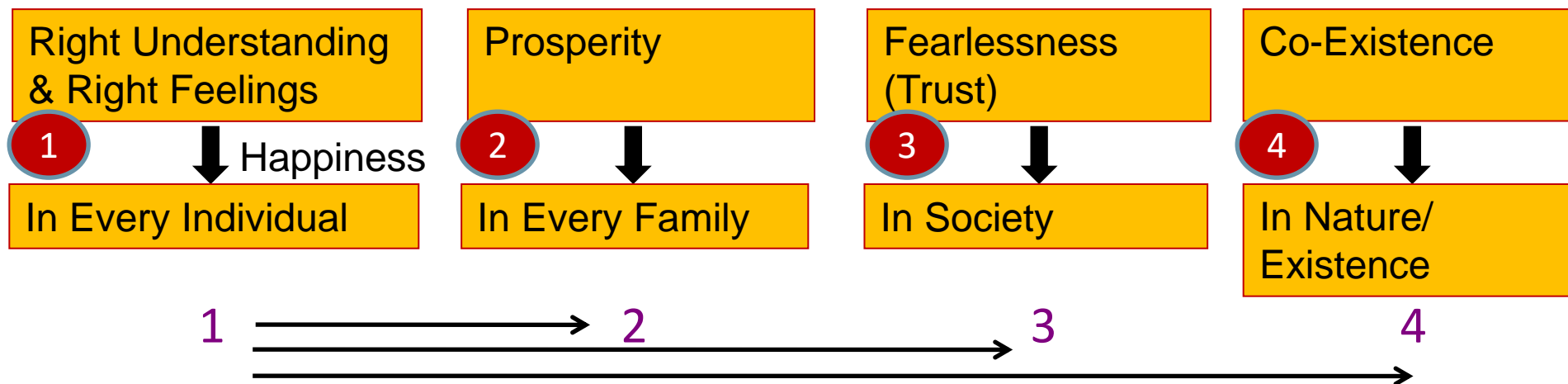


5a. Exchange – of physical facility with a view of mutual fulfillment (not with obsession for profit / of exploitation)

5b. Storage – of physical facility with a view of mutual fulfillment (not with obsession for profit / of accumulation)

Harmony in the Society (समाज में व्यवस्था)

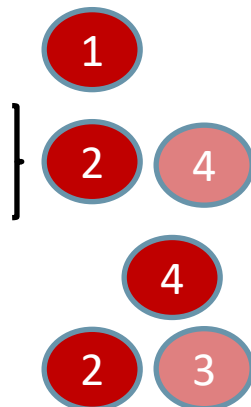
Human Goal (मानव लक्ष्य)



Human Order (मानवीय व्यवस्था)

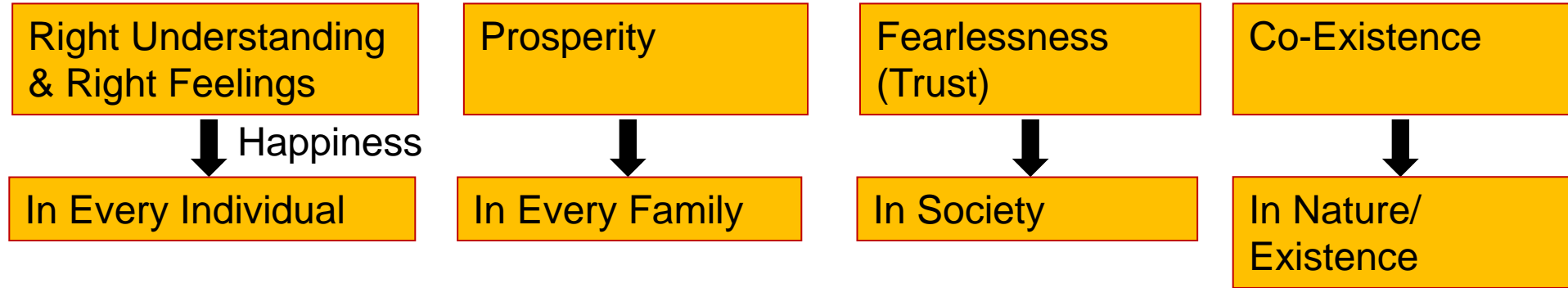
Five Dimensions (पाँच आयाम)

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5. Exchange – Storage



Harmony in Society – Universal Human Order

Human Goal (मानव लक्ष्य)



Five Dimensions of Human Order (मानवीय व्यवस्था— पाँच आयाम)

1. Education – Sanskar - शिक्षा संस्कार
2. Health – Sanyam - स्वास्थ्य संयम
3. Production – Work - उत्पादन कार्य
4. Justice – Suraksha - न्याय सुरक्षा
5. Exchange – Storage - विनिमय कोष

Ten Steps (दस सोपान) – From Family Order to World Family Order

Family – Family cluster – Village – Village cluster ... Nation ... World Family

~10¹

~10²

~10¹⁰