

Assignment on Self Exploration

1. Self-Exploration is a process of dialogue between “what you are & what you really want to be”.
(a) Explain this Process & (b) Discuss about any one creative practice you do for self-exploration.
- 2.(a)Make a list of your desires (needs & wants etc.), Categorise your desires on the basis of right understanding, relationships & physical facility. (b) What is the role of material order & bioorder in the fulfilment of human needs.
3. (a)What is Co-Existence? How are the units in being in space? (b)Draw the chart showing in detail the different categories of units of Nature in co-existence in space what is your role in Existence.