Self-exploration, Self-investigation, Self-study

1. Content of Self Exploration:

a. Desire (pkguk) - Aim, Purpose Happiness, Prosperity \rightarrow Continuity

b. Program (djuk) – Process of achieving the desire, action

Happiness = To be in Harmony

To understand Harmony & to live in harmony at all 4 levels:

- 1. Harmony in the Human Being
- 2. Harmony in the Family
- 3. Harmony in the Society

4. Harmony in Nature/Existence

2. Process of Self Exploration Self-verification

Whatever is said is a **Proposal (Do not accept it to be true)** Verify it on your own right



Next we want to explore Nature/Existence

- So far we have understood our Natural Acceptance
- Our Natural Acceptance is for living in Harmony as an Individual, as a Family, as a Society...
- Is there provision in Nature/Existence for living in accordance with our Natural Acceptance?
- Is it possible to live in harmony as an Individual, as a Family, as a Society...?
- Is co-existence, mutual fulfillment inherent in Nature? Or
- Is the design of nature/existence by way of opposition, struggle, survival of the fittest...?

We will explore the underlying design of Nature/Existence with these questions...



Nature iz—fr = Collection of Units bdkbZ lewg

4 Orders

Relationship of Mutual Fulfilment



Nature is Characterised by Mutual Fulfillment, Enrichment

Between Physical Order and Pranic Order



Nature is Characterised by Mutual Fulfillment, Enrichment

Between Physical Order, Pranic Order and Animal Order



Nature is Characterised by Mutual Fulfillment, Enrichment

Between Physical Order, Pranic Order, Animal Order and Human Order?





| ORDERS 4 voLFkk | UNITS bdkbZ | ACTIVITY fØz;k |
|------------------------------|--|---|
| Physical inkFkZ Pranic | Soil, Metal feV~Vh] /kkrq Plants, | Formation-Deformation jpuk&fojpuk "-" + Respiration |
| izk.k | Trees isM+] ikS/ks | "olu&iz"olu |
| Animal tho | Animals, Birds <mark>i″kq] i{kh</mark> | "-", " in Body "kjhj esa Selecting/Tasting in I p;u@vkLoknu eSa esa |
| Human Kku | Human Beings euq′; | "-", " in Body |

| ORDERS | UNITS | ACTIVITY | INNATENESS | |
|--------------------|-------------------------------------|---|--|---------------------------------------|
| 4 voLFkk | bdkbZ | fØz;k | /kkj.kk Lo;a esa O;oLFk (Self-organisation) | k |
| Physical inkFkZ | Soil, Metal feV~Vh] /kkrq | Formation-Deformation jpuk&fojpuk | Existence vfLrRo | Exists, is a reality. |
| Pranic izk.k | Plants, Trees isM+] ikS/ks | "-" + Respiration "olu&iz"olu | " + Growth iqf'V | Exists in a definite order. |
| Animal tho | Animals, Birds i"kq] i{kh | "-", " in Body "kjhj esa Selecting/Tasting in I p;u@vkLoknu eSa esa | ", " in Body "kjhj esa Will to live in l eSa esa Tkhus dh vk"kk | |
| Human Kku | Human Beings euq'; | "-", " in Body "kjhj esa Imaging, Analysing, Selecting/Tasting in I fp=.k] fo'ys'k.k] p;u@vkLoknu eSa esa Potential for Understanding in I le>us dh {kerk eSa esa | <pre>", " in Body</pre> | · · · · · · · · · · · · · · · · · · · |

Innateness: Self Organisation; being in a definite order

| | UNITS bdkbZ | ACTIVITY fØz;k | INNATENESS /kkj.kk Lo;a esa O;oLFkk | INHERITANCE vuq'kaxh;rk |
|-----------------|--|---|---|---|
| Physical | Soil, Metal | Formation-Deformation | (Self-organisation) Existence | Constitution based |
| | feV~Vh] /kkrq | jpuk&fojpuk | vfLrRo | Ikfj.kke vuq'kaxh |
| Pranic izk.k | Plants, Trees isM+] ikS/ks | "-" + Respiration "olu&iz"olu | " + Growth iqf′V | Seed based cht vuq′kaxh |
| Animal tho | Animals, Birds <mark>i″kq] i{kh</mark> | "-", " in Body "kjhj esa Selecting/Tasting in I p;u@vkLoknu eSa esa | ", " in Body "kjhj esa Will to live in l <mark>eSa esa Tkhus dh vk"kk</mark> | Breed based oa″k vuq′kaxh |
| Human Kku | Human Beings euq′; | "-", " in Body "kjhj esa Imaging, Analysing, Selecting/Tasting in I fp=.k] fo'ys'k.k] p;u@vkLoknu eSa esa Potential for Understanding in I le>us dh {kerk eSa esa | <pre>", " in Body</pre> | Education-Sanskar based f″k{kk&laLdkj vuq′kaxh |

Inheritance: How conduct is decided generation after generation

Role of Education-Sanskar f'k{kk&laLdkj dh Hkwfedk

| ORDERS | UNITS | ACTIVITY | INNATENESS | INHERITANCE |
|----------|-------------|------------------------|------------------------------|--------------------|
| 4 voLFkk | bdkbZ | fØz;k | /kkj.kk Lo;a esa O;oLFkk | vuq'kaxh;rk |
| | | | (Self-organisation) | |
| Physical | Soil, Metal | Formation-Deformation | Existence | Constitution based |
| inkFkZ | feV~Vh] | jpuk&fojpuk | vfLrRo | Ikfj.kke vuq'kaxh |
| | /kkrq | | | |
| Pranic | Plants, | "-" + Respiration | " + Growth | Seed based |
| izk.k | Trees | "olu&iz"olu | iqf′V | cht vuq'kaxh |
| | isM+] | | | |
| | ikS/ks | | | |
| Animal | Animals, | "-", " in Body | ", " in Body | Breed based |
| tho | Birds | "kjhj esa | "kjhj esa | oa"k vuq'kaxh |
| | i″kq] i{kh | Selecting/Tasting in I | Will to live in I | |
| | | p;u@vkLoknu eSa esa | eSa esa Tkhus dh vk″kk | |
| | | | | |
| Human | Human | "-", " in Body | ", " in Body | Education-Sanskar |
| Kku | Beings | "kjhj esa | "kjhj esa | based |
| | euq'; | Imaging, Analysing, | Will to live with continuous | f"k{kk&laLdkj |
| | | Selecting/Tasting in I | | vuɑ'kaxh |
| | | fp=.k] fo'ys′k.k] | | ext Generation 💛 |
| | | p;u@vkLoknu eSa esa | Lkq[kiwoZd Tkhus dh | |
| | | Potential for | vk″kk ↑ | \checkmark |
| | | Understanding in I | Right Feeling | Human |
| | | le>us dh {kerk eSa esa | lek/kku | Education |
| | | | Right Understanding Kku | sanskar |
| | | | < | |

Inheritance: Basis of definite conduct across generations

Nature is organised in such a manner that the physical facility required for any order is available in abundance



All orders have definite conduct except human order

In human being, the body has definite conduct

The Self (I) operating on assuming without knowing is the source of indefiniteness, problem

The solution is to ensure knowing The natural acceptance is to know, to be in harmony

With human education-sanskar this can be ensured for all



Sum Up

- Physical order – soil, metals etc. 1. 2. Pranic order – trees, plants etc. - animals, birds etc. Animal order 3. 4. Human order
 - human beings

Nature = Collection of Units

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= 4 Orders
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- There is a relationship of mutual fulfilment amongst these 4 orders. So far, the first 3 orders are mutually fulfilling for each other as well as for human beings
- It is naturally acceptable to human beings to be fulfilling for all the orders. Human beings need to understand this mutual fulfilment; only with this understanding will human beings be able to live with mutual fulfilment
- The role of Human Being is to realize this mutual fulfillment For this, all that human beings need to do is:
 - 1. To understand that mutual fulfilment is inherent in nature we do not have to create it
 - 2. To live accordingly then the mutual fulfilment amongst the 4 orders will be realised (and there is provision in nature for living in a mutually fulfilling manner)

Home Work

- 1. What are your assumptions about nature?
- 2. How do you and your family contribute to / participate in maintaining the order in nature?