

## **Instruction: Presentation on Self Exploration & My Creative Practices**

### **Format of Presentation (ppt)**

My name is.....

My Native place is..... which is situated in India

But I belong to

India my home town my friends/relatives Whole Universe

I like to eat nutritious food

- a. Vegetables
- b. fruit
- c. Cereals
- d. all of these

I like to play

- a. Football
- b. Cricket
- c. Hockey
- d. any creative practice

I like .....colour

- a. Blue
- b. red.
- Green
- yellow
- Violet
- seven colours of Rainbow

I feel cherished when I do creative practice, which is

drawing/Collage/video/poster/poetry/stories/song

I respect all the religions, diversity of culture, do not violate the fundamental rights of other peoples & follow up universal human Values to live in harmony at individual, Family, Society, Nature & Universe all four levels.

Paste all these question & answer on a ppt(abstract)/word file (for report)/ poster & make video

### **Format for Project file on Self Exploration & My Creative Practices (word file)**

Title Page

Content/Index

Acknowledgement

Abstract

Introduction

Who Am I?

My list of desires is

Total number of desires you have

Number of desires--related to Right Understanding

Number of desires--related to Relationship

My desires according to Natural Acceptance

What I really want to be?

## **Instruction: Presentation on Self Exploration & My Creative Practices**

I explore myself .....

My thoughts before this attending this course: Purpose of Education

My thoughts now (at the end of the work) : Purpose of Education

The role of education is to develop full human personality (human consciousness) and the competence to live with definite human conduct

I respect all the religions, diversity of culture & follow up universal human Values

## **References**

Mention source of your UHV education & Creative Practices, weblink/book/or any person