

Pre-requisites: None. Universal Human Values 1 (desirable) as recommended by AICTE

1. OBJECTIVE:

The objective of the course is four fold:

1. Development of a holistic perspective based on self-exploration about themselves (human being), family, society and nature/existence. 2. Understanding (or developing clarity) of the harmony. 3. Strengthening of self-reflection. 4. Development of commitment and courage to act.

2. COURSE TOPICS:

The course has 28 lectures and 14 practice sessions in 5 modules:

Module 1: Course Introduction - Need, Basic Guidelines, Content and Process for Value Education

Module 2: Understanding Harmony in the Human Being - Harmony in Myself!

Module 3: Understanding Harmony in the Family and Society- Harmony in Human Human Relationship

Module 4: Understanding Harmony in the Nature and Existence - Whole existence as Coexistence

Module 5: Implications of the above Holistic Understanding of Harmony on Professional Ethics

3. READINGS:

3.1 Text Book

1. Human Values and Professional Ethics by R R Gaur, R Sangal, G P Bagaria, Excel Books, New Delhi, 2010

3.2 Reference Books

1. Jeevan Vidya: Ek Parichaya, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.

2. Human Values, A.N. Tripathi, New Age Intl. Publishers, New Delhi, 2004.

3. The Story of Stuff (Book).

4. The Story of My Experiments with Truth - by Mohandas Karamchand Gandhi

5. Small is Beautiful - E. F Schumacher.

6. Slow is Beautiful - Cecile Andrews

