

Misconception about Physical Education

- Physical Education is a rest period between academic classes.
- Anyone can teach physical education; no professional training is needed.
Physical Education instructors belong on an academic level below other instructors.
- Physical instructors are free – play periods.
- Physical Education processes are designed to give other teachers a free period.
- Physical Education is primarily to relieve tensions build up in other class.
- Physical Education is a “do as a like” class.
- Physical Education does not have the same academic prestige and importance as other class.
- A major in physical education means learning and playing games.
- A women physical education person has to be rough and tough in order to qualify for the profession.
- Physical Education teachers are below average in intelligence.
- A person should go into the physical education profession if he wants to go through college without having work of study.
- A Physical Education teacher tosses out ball, blows a whistle now and then. And that is the extend of her teaching.
- To participate well in Physical Education activities means that needs more muscle than intelligence.
- Physical Education is simply calisthenics and athletics.
- Physical Education is not taught by professional people.
- There is no knowledge factor related to Physical Education: therefore we have nothing to contribute to general education.
- Children should not fail Physical Education because it plays no part in the total education.
- Only small budget is needed to conduct an effective Physical Education programme.
- Physical Education grades have no academic value.
- No class preparation is needed on the part of physical education teacher.
- Physical Education classes are serve no real purpose; therefore they may be interrupted for assembles.
- Testing and grading in Physical Education are a waste of time, since no intelligence is required.
- Children can play outside the school; therefore physical education is not needed in the curriculum.
- Strength, seed skill, and coordination are innate capacities, If one is “not good” in an activity there is a little hope for improvement; therefore continuation in that area will be futile.
- A person is not a good physical education teacher unless he is an exceptional performer in every activity.
- The physical education programme has no progression but is the same thing from year to year.
- Physical Education benefits rarely apply to “out of school” living.
- The purpose of Physical Education teachers is to develop highly skilled performers.
- Intercollegiate athletics are not an essential part of college’s total educational programme.
- Fitness is a state of mind rather than body.
- A Physical Education programme that meets once or twice a week is all a student needs.
- Physical Education teachers should do all the “odd” jobs in the schools, because all they do is play all day.
- Physical Education has no part in our cultural heritage.