

| Directive | Non-Directive |
|---|--|
| Time saving | Time Consuming |
| Counselor is Active | Counselor is Passive |
| Emphasis on the problem | Emphasis on individual |
| Intellectual aspects | Emotional aspects |
| Counselor centered | Client Centered |
| Methodology is direct | Indirect |
| Solution of the problem is the primary goal | Independence and integration of the client is the primary goal |
| Solve immediate problems | Deals with self-analysis and new problems of adjustment may be taken care of |
| Use psychological assessment data | May not use psychological assessment |
| Help offered by counselor to take decisions | Client takes his own decisions |