



# Hepatitis

A PRESENTATION BY UDAY SHARMA

# The Contents

**01**

Hepatitis: an introduction

**02**

Causes

**03**

Signs and Symptoms

**04**

Treatment and Diet

# What is Hepatitis?

Hepatitis is inflammation of the liver. Inflammation is swelling that happens when tissues of the body are injured or infected. It can damage your liver.

Hepatitis can be an acute infection or a chronic infection. Some types of hepatitis cause only acute infections. Other types can cause both acute and chronic infections.





# Causes

hepatitis  
viruses A, B, C,  
D, and E

heavy  
alcohol use

poisons,  
chemicals,  
medicines, or  
supplements

cause is not  
known

Viral hepatitis

Alcoholic hepatitis

Toxic hepatitis

Autoimmune  
hepatitis

# Signs and Symptoms

- Fever
- Fatigue
- Loss of appetite
- Nausea and/or vomiting
- Abdominal pain
- Dark urine
- Clay-colored bowel movements
- Joint pain
- Jaundice, yellowing of your skin and eyes



# Treatment

01

Acute viral hepatitis often goes away on its own.

02

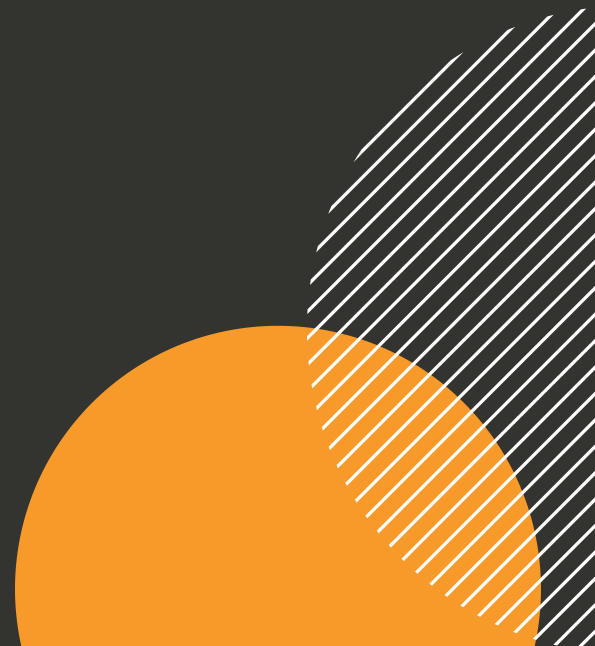
There are different medicines to treat the different chronic types of hepatitis.

03

Surgery and other medical procedures. People with alcoholic hepatitis need to stop drinking. Liver transplant in case of failure.



# That diet should include:

- fruits and vegetables
  - Whole grains
  - Lean protein
  - Low-fat or non-fat dairy products
  - Healthy fats
- 



# Thank You

UDAY SHARMA (BHN 3RD YEAR)